

Identity Pack Session: Hopes and Dreams

Session:

Our Hopes and Dreams

Learning Objectives

- To explore their own hopes and dreams for the future
- To explore and reflect on the hopes and dreams of others in the class, and the wider community
- To consider the ways in which people support each other to achieve their dreams and cope with disappointments

Learning Outcomes

- I can talk about my hopes and dreams for the future.
- I can reflect on other people's hopes and dreams.
- I can discuss fears and disappointments sensitively.

Starter

Work in pairs to read, compare and add to your research about the hopes and dreams you have for yourselves and the world, and the hopes and dreams held by your friends and family.

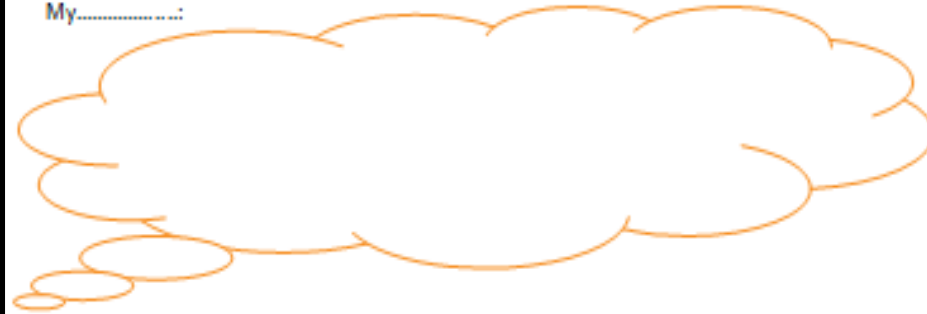
You could use the template on the next slide if you wish.

My Hopes and Dreams for the World and Myself

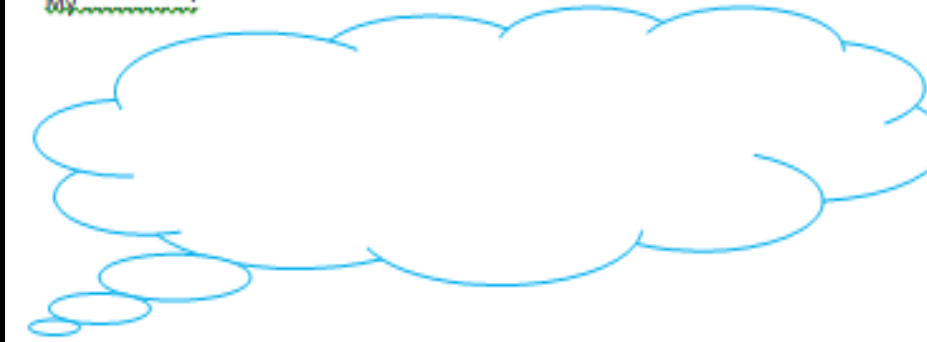
Myself:



My.....:



My.....:



Main Activity

"For we are all inside made up of real history, real dreams, and the stuff of all we hope for."

Skin Again by Bell Hooks

What do you think this is saying?

Working in pairs/groups, record a few hopes and dreams on post-it notes then divide them into two categories:

- Hopes and dreams for myself
- Hopes and dreams for the world

Share your ideas with the rest of the class.

- Are there some hopes and dreams that really matter to everyone?
- Have we found any similar dreams from different people?
- Are there some dreams that are only important to one individual?