

**I am Mark Beaumont**

**I am my mother Yeena  
And my sisters Heather and Hannah.**

**I am my grandfather  
who gave me a heavy bike on Christmas.  
And the neighbour who took the stabilisers off.**

**I am my friend Bobby  
who helped me through my training.**

**And the school kids from Dundee  
who raised money for my trip.**

**I am the women who knocked me off my bike in  
Louisiana**

**And her son who fixed it.**

**I am the people of the Nalabar  
who gave me water when I needed it most.**

**I am Mark Beaumont**

**And this year I broke the round the world cycling record**

**I am who I am because of everyone.**