

Identity Pack Session: I Am Who I am Because of Everyone

Session:

I Am Who I Am Because of Everyone

Learning Objective

To understand that people have a impact on who we are.
To realise that people are made up of stories and their interactions with people they meet.

Leaning Outcome

I can assess and evaluate the impact that different people have had on my life.

Starter

In small groups, share your stories about the people who are important to you.

Main activity

Watch these two adverts:

I Am Everyone advert

*I Am Everyone advert with Mark
Beaumont*



I Am Mark Beaumont

I am my mother Yeena
And my sisters Heather and Hannah.
I am my grandfather,
Who gave me a heavy bike on Christmas,
And the neighbour who took the stabilisers off.

I am my friend Bobby,
Who helped me through my training,
And the schoolkids from Dundee
who raised money for my trip.
I am the woman who knocked me off my bike in Louisiana
And her son who fixed it.
I am the people of the Nalabar,
Who gave me water when I needed it most.

I am Mark Beaumont
And this year I broke the round-the-world cycling record.

I am who I am because of everyone.



Think about these possible sentence starters:

- I am (name of a person)...
- I am...
- I am like...
- I like...

E.g. I am my mum when she teaches me to be kind.

Now try and write five or six statements about different people who have had an impact on you or changed you in some way.

I am George

*I am the last words my grandma said,
I am my cousin who gave me the idea of
rollerblading,
I am all my friends that push me the extra
mile,
I am my mums smile,
I am the break dancer that performs on
the street,
I am the tennis ball and racket used by
Nadal.*

I am who I am because of everyone.



I am

I am a Muslim girl who loves my family.
I wonder if I will ever go back to Pakistan again.
I feel a big wave coming.
I smell my Mothers perfume.
I can hear people shouting from around the world.
I am a Muslim girl who loves my family.

I pretend to be a pirate with my brothers.
I feel good to know that I am going back to
Pakistan.
It touches my heart when people are nice when I
am sad.
I worry about my parents evening.
It makes me happy when people respect me.
I am a Muslim girl who loves my family.

I know for sure I will be able to write neat again.
I always say "yes" when I hear that we are doing
something fun.
I dream of being a teacher teaching maths.
I try to make my handwriting better.
I am a Muslim girl who loves my family.

Plenary

In a group, each share one of your "I am..." statements.

Listen carefully for similarities and differences and discuss these with your group.

Is it possible for people to have a negative impact on our identity?

For the Next Session

Please collect quotes from a few people about their hopes and dreams for the future.

E.g. A parent, grandparent, another adult at school, older sibling and/or friend. You could record your ideas on a sheet like the one on the next page.

Hopes and Dreams Homework

Please interview 2 people about their hopes and dreams ready for the lesson on..... You might ask someone at home or someone at school. Please also write down your own hopes and dreams.

| Name | Hopes & Dreams for myself | Hopes & Dreams for the world |
|------------------------|---------------------------|------------------------------|
| Self | | |
| 1 st Person | | |
| 2 nd Person | | |