

# Identity Pack Session: My Stories

# Session: My Stories

## Learning Objectives

To share stories about our lives that build up a deeper picture of identity and diversity within the class.

## Learning Outcomes

I am confident in sharing some of my own story and listening to the stories of others.

# Starter

Get into small groups and talk about the special objects you have brought in.

**Remember:**

only share what you want people to know

# Main Activity

History is made of stories, and everyone has their own stories that make up their unique history.

Try and think of a story about when you felt proud or achieved something, and share with your partner or in your group.

Now try and write your stories in detail, taking a break every now and then to share what you have written with your partner.

# Plenary

1. Did you learn anything new about anyone in the group?
2. Was anyone surprised by anything they heard?
3. Why did it surprise you?
4. How does it feel sharing stories about yourself with others?

# For the Next Session

Please try and find out a story about someone you know. It could be about a journey they have taken, a time they felt proud, etc. You could bring photos or objects if you wish.