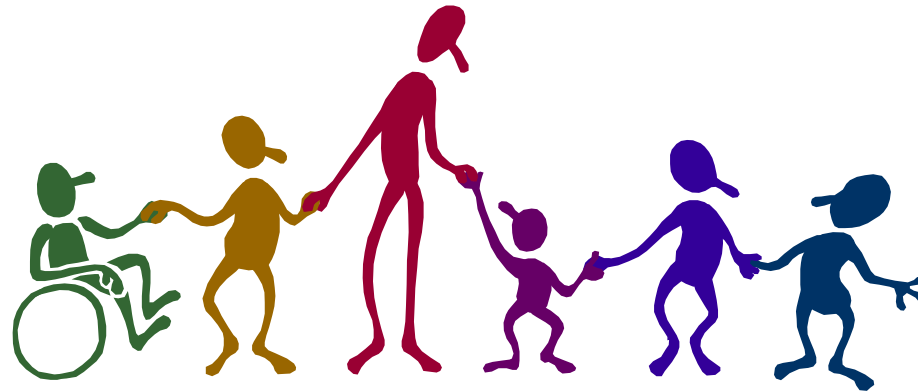


Identity Pack Session: Visible and Invisible



Session One: Visible and Invisible

Lesson Objectives

- To explore the similarities and differences within the class/group

Lesson Outcomes

- You will be able to reflect on the fact that the only person who can truly describe your identity is yourself.

Starter

Work with someone you don't know very well.

1. Talk to each other
2. Find three invisible similarities
3. Find three invisible differences

Invisible similarities

Things that we have in common (and others cannot see by looking at us)

Invisible differences

Things that are unique about us (and others cannot see by looking at us)

Class Feedback

Is anyone willing to give any feedback about what they have found out about their partner?

Did you find out anything that surprised you, about your partner or anyone else in the class?

Main Activity:

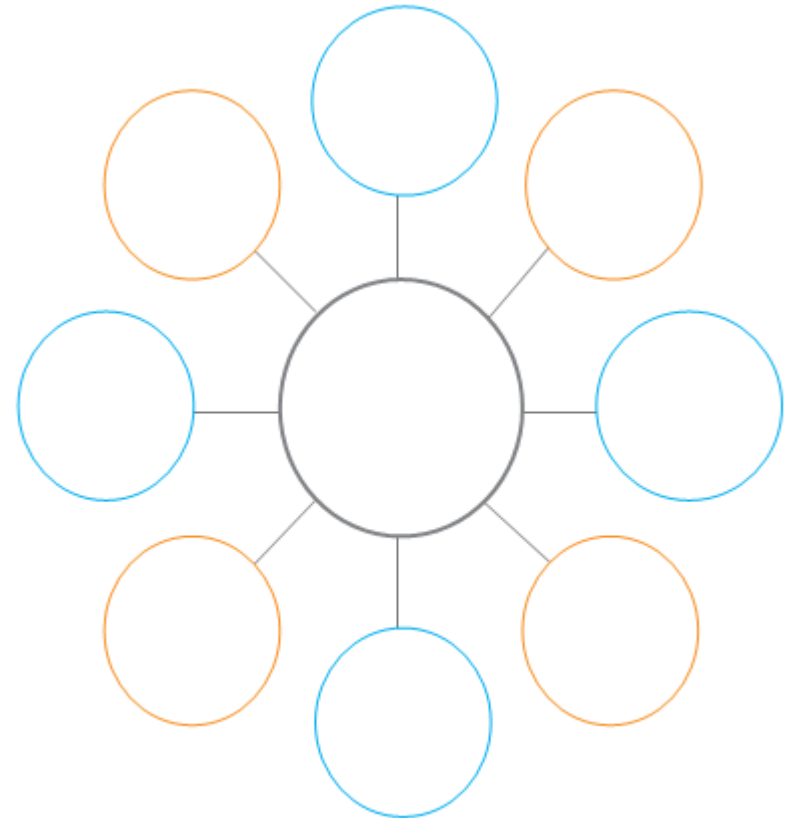
What else is important about us?

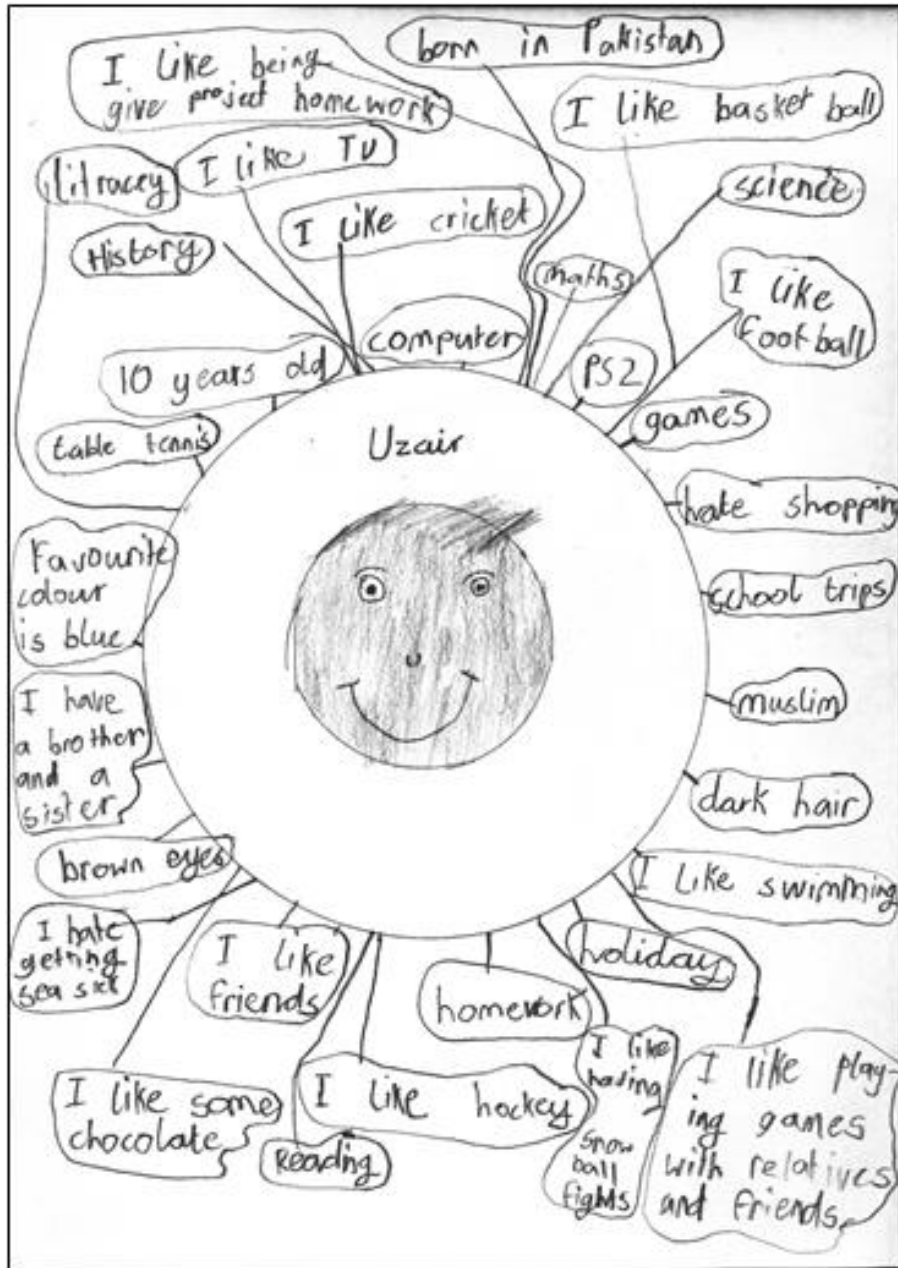
Identity Circles

You are going to create a circle about your identity.

Draw a large circle in the middle of a piece of paper. Draw a picture of yourself in the centre circle. Then write about the different aspects of your identity in the outer circles or blobs.

Remember, only share what you want to share.





Pair and Share

- Work with your partner and share the information you have drawn - look for similarities and differences.
 - Now join another pair and share your ideas and thoughts with them.
1. What have been the biggest influences on your identity?
 2. Do some parts of your identity overlap?

Plenary

- Did you find out anything that surprised you about your partner or anyone else in the class?
- What is important about us?
- Do you have things in common with one another, and things that are different?
- What would it be like if everyone was the same?
- Could someone else describe your identity?
- Is it OK to label other people before we find out about them?

For a Future Session

See what you can find out about your name.

- Do you know what your name means?
- Did you have a naming ceremony?
- Do you have a nickname?
- Do you know who gave you your name?