

Identity Pack Session: You Can't Judge a Book by Its Cover



Session:

You Can't Judge a Book by Its Cover

Learning Objectives

- To identify and share the aspects of our identity that have had the biggest impact on each of us.
- To consider the phrase "you can't judge a book by its cover" and think about the ways we find out about people and share information about ourselves.

Learning Outcomes

- I can recognise and start to explain that belonging to communities has an impact on who I am.
- I understand the impact that prejudice can have on people and how they feel about themselves.

Starter

Please sit next to someone you don't normally sit with and ask about the research they did on their name. Then share your ideas with another pair.

You could talk about:

Does your partner know the meaning of their name? Did they have a naming ceremony? Do they or anyone they know have a nickname? Is their name ever shortened or lengthened? Do they like their name?

Main Activity

"You can find all about me - coming close
and letting go of who you might think I
am...."

Skin Again by Bell Hooks

Identity Cards

In pairs, look at the identity cards on your desk and choose three that will help you answer the following question: **Who/what do you feel has had the biggest impact on your identity and why?**

Now put the cards in order of importance.

Be prepared to explain your decisions.

Using the identity cards to give you ideas, create a mind map-style picture that uses small drawings and words to share some things about your identity.

You could include, for example, a picture of a place you like to visit, a group you are part of, music you like, sports you play, a favourite meal cooked by a grandparent, etc.

Plenary

- Share your mind map with a partner
- Reflect on what we have learnt about prejudging someone, or a group of people, before we know them
- Does it feel different telling people about something that only you do? Is it easier to share things you know many people take part in?

For the Next Session...

Please bring to the next session an object or photograph that tells a story about yourself that you would like to share.