

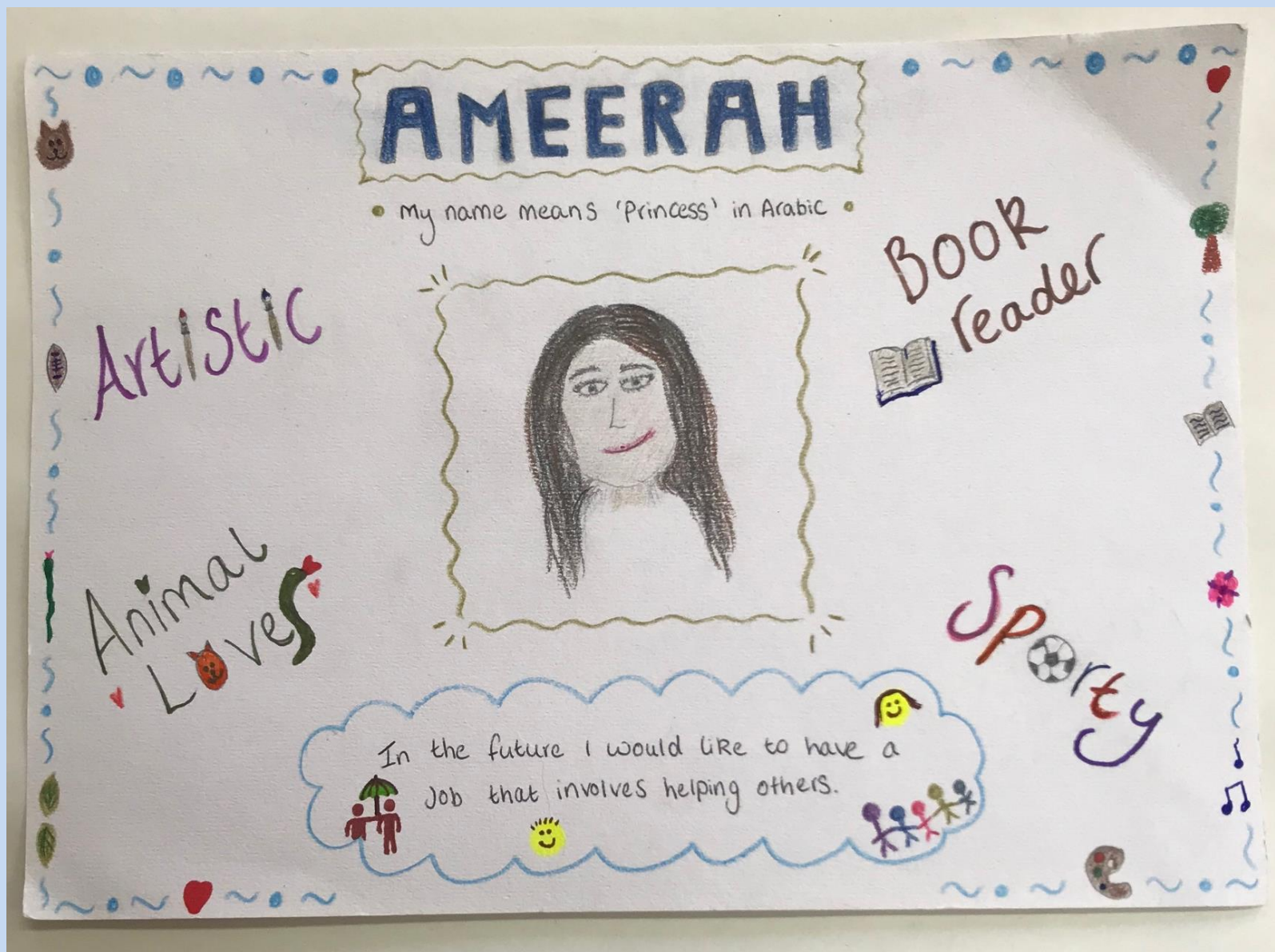
Individual Liberty



Today I will

**Explore ways I am free to
be me and the different
things that shape me as an
individual**

**Sketch a self-portrait to
add to my poster**



You are now going to move onto creating a self portrait for your poster.



How we look is an important part of our individuality, as is having the freedom to choose different elements of our appearance (e.g. choice of clothing, colours we might wear). Here are two portraits that Ameerah has drawn of herself.



Task

Stand in front of a mirror and spend some time reflecting on your physical characteristics. Can you think of any words or phrases to describe what you look like?
e.g. glimmering, brown eyes
soft, smooth skin



Big Question

What would the world be like if everyone looked and dressed exactly the same?



Our appearance and how we choose to present ourselves is just another thing that helps in making us unique!

Look at yourself in the mirror and this time carefully start to sketch a portrait of yourself.

1. Look at yourself in the mirror, paying special attention to each of your features.
2. Begin your portrait by sketching the outline of your face and shoulders.
3. Next sketch the outline of your facial features (nose, eyes, mouth and eyebrows).
4. Draw on your hair and ears (though these may be hidden behind your hair).
5. Once you are happy with your outline, add on detail and think about including shading.

Big Question

Do you think it is possible to find someone else that is exactly like you?

