

# PRINCIPLES OF INTERGENERATIONAL WORK

## What is intergenerational work?

Purposeful, mutually beneficial activities

building greater connection, understanding and respect between the generations

both generations/younger & older people have something to offer and something to gain



## Useful terms of reference

older people rather than 'old' or 'elderly'

independent living rather than 'retirement village'  
or sheltered accommodation

## What are the benefits of intergenerational work for schools and young people?

builds sense of identity, community and citizenship

develops communication and confidence

boosts well-being and self esteem

enhances many aspects of the curriculum

community engagement for schools

enhances SMSC and PSHE provision